

Mandeville Primary School

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Kite's News

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Dear Parents,

The next edition of the newsletter just for Year 5!

- Games Afternoon To open our new exciting topic of FIT FOR LIFE, we are going to have a games morning on Friday the 24th. Could you please make sure your children have their PE kit in school for that day.
- PE lessons are on Wednesday and Thursday but PLEASE make sure your children have their PE kits in school everyday, including plimsolls or trainers. No earrings for PE please.
- Homework is given out on Wednesday and must be back in school the following Monday. Please encourage your child to take pride in their work and take responsibility for doing their own homework, with your help where necessary. Any homework not handed in will be completed during break times. This is in preparation for secondary school when homework will be much tougher!
- Spellings to be learned are given out on Thursday and tested the following Thursday. It is SO important that these are learned and practiced every day.
- Good attendance is VITAL, especially this year. Every day off is a day's less learning. There will be rewards for excellent attendance.
- Breakfast Club is open from 8am to 8.50am every day (£1.50 per day). A healthy breakfast makes a huge difference to your child's learning.

In the next few weeks...

In Literacy we will be learning about the non-fiction writing of persuasion. The children will also be working on Myths and Legends.

My Literacy targets are:

In maths we will be learning about written method for calculation and measurement. We will also be focusing on mental maths skills. A few questions every now and again to test them would be helpful.

My Maths targets are:

Over the next 8 weeks we will be studying a topic called: **FIT FOR LIFE**. It is a theme about how we can be fit and healthy throughout life. This will incorporate study in Art, PE, ICT, and Science

In Art we will be:

- Exploring body shape and fitness relate
- Seeing how fair it is to compare ourselves with others
- Sketching people in motion including observing muscle and body shape

In PE we will be:

- Exploring the range of ways in which we can improve our physical fitness
- Practising enjoyable activities that help us to become fitter
- Taking regular exercise to see whether it makes a measurable difference to fitness

In Science will be:

- Investigating measures of our fitness
- Enquiring into diet and health
- Critically examining the evidence we collect
- Learning more about changes to our bodies that take place as we grow
- Learning more about our bodies and how we can keep them in good condition

Miss Ellingham says...

This is the perfect topic for children to develop a good understanding of their body for lifelong health and well-being. Don't be too surprised if your children start offering advice on healthy eating and fitness!

All the research says that children (and adults!) who are healthy learn more effectively. The children will learn ways of measuring fitness and will begin to recognise signs of improved health and fitness.

It would be helpful if you could encourage the children to be active for half an hour every day and make more healthy food choices such as fruit and vegetables.

Please feel welcome to come and have a look in our classroom whenever you like! If you have any free time and can help in the class we'd love to see you. I am always happy to answer any questions and help in any way!

Katie Ellingham