RSE on a page

Intent:

High quality RSE ensures children and young people are equipped with the knowledge, understanding, skills and confidence to cope with the many pressures and challenges of modern society. Learning about friendships and family in RSE are the building blocks to help children to understand themselves and others. At Mandeville Primary School, Relationships and Sex Education (RSE) is an integral part of the Personal, Social and Health Education (PSHE), and is linked to Science. Pupils receive a carefully planned programme on human development, relationships, sexuality and family life within a safe, comfortable atmosphere. The programme is matched to the pupils' level of maturity with a focus on factual content.

Implementation:

The content of the RSE curriculum can be thought of as three aspects:

Self-awareness: self-awareness of changes to the body during puberty is the focus for KS2. In KS1, children learn to name the body parts of both genders, recognising that these are private parts.

Relationships: Children explore different types of family relationships, as well as understanding the relationships with people who care about the child. Healthy friendships and then boyfriends and girlfriends are discussed with a focus on being safe and respectful. This also includes understanding about online relationships.

Reproduction: In KS2, children are given opportunities across the key stage to develop an understanding of how a baby is created, develops and is born.

Children from Y1 to Y6 follow the Jigsaw scheme and RSE is covered within 2 of these topics. Jigsaw lessons follow the structure below.
Connect us - engenders positive relationships and enhances collaborative learning.
Calm me – children are taught to calm and quieten their thoughts and emotions to a place of optimum learning capacity, as it is an invaluable life skill which also enhances reflection and spiritual development.
Open my mind – focus on the most important aspect of the learning.
Tell me or show me - introduce new information, concepts and skills, using a range of teaching approaches and activities.
Let me learn – children are given activities etc to practise the new learning.
Help me reflect –regularly throughout the lesson.
Closure – key learning points are reviewed.

Teachers engage with parents before these units begin so that parents are aware of the content and can further support their children in understanding the family morals of relationships and sex. The sessions include the opportunity to ask questions either as individuals privately, or as a whole class. Teachers answer questions which are age-appropriate and also encourage children to discuss their worries and questions with adults at home who they trust.

Children with additional needs may receive additional and/or differentiated sessions which are bespoke to their level of understanding and maturity. Some sessions in UKS2 are taught in separate gender groups. Parents have the right to withdraw their child from one specific lesson per year in KS2 which is not linked to the science curriculum.

Impact:

Each year group has a specific set of KPI's to achieve which is directly linked to the two Jigsaw units. This forms the explicit monitoring and outcomes for children.

Implicitly, by the end of their RSE journey at Mandeville, children will have increased their vocabulary to describe emotions, as well as a better understanding of themselves and others. The children will have strategies to manage their emotions and will be able to take responsibility for themselves and their relationships. RSE at Mandeville seeks to teach children to be the best versions of themselves - respectful, resilient and enthusiastic about the journey of life.